

AUTOMATIC MINIMUM SUSPENSIONS

FOR INFRACTIONS WHICH OCCUR IN MINOR & FEMALE HOCKEY

Major Penalty Situations

MAJOR PENALTY SITUATIONS	Rule #	Penalty	Minimum Suspension
	6.2	Boarding	1 Game
	6.2	Body Checking	1 Game
	6.3	Charging	1 Game
	6.4	Checking from Behind	1 Game
	6.5	Head Contact	1 Game
	6.6	Elbowing	1 Game
	6.6	Kneeing	1 Game
	7.4	Slew Footing/Tripping	1 Game
	8.2	Cross-Checking	1 Game
8.4	Slashing	1 Game	
ACCUMULATION SANCTIONS			
Player	Any player receiving 2 majors in same season for any of the above infractions		2 games
	Any player receiving 3 majors in same season for any of the above infractions		4 games
	Any player receiving 4 majors in same season for any of the above infractions		Indefinite Suspension

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Match Penalty Situation

		Rule #	Penalty	Minimum Suspension	
		MATCH PENALTY SITUATIONS	6.1	Attempt to Injure	<ul style="list-style-type: none"> • Butt-Ending • Grabbing Face Mask • Hair Pulling • Kicking • Kneeing • Spearing • Spitting
6.1	Deliberate Injury			Indefinite Suspension	
6.2	Boarding			3 Games	
6.2	Body Checking			3 Games	
6.3	Charging			3 Games	
6.4	Checking from Behind			4 Games	
6.5	Head Contact			4 Games	
9.6	Physical Abuse of Official			Indefinite Suspension	
Accumulation Sanctions					
Player			In addition to the minimum suspension, a player accumulating 2 Match penalties under 6.1, 6.2, 6.3 in same season for any of the above infractions		4 Games
		In addition to the minimum suspension, a player accumulating 2 Match penalties under 6.4, 6.5 in same season for any of the above infractions		5 Games	
		Any player receiving 3 Match penalties for any of the above infractions		Indefinite Suspension	

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FIGHTING SITUATIONS

Fighting Situations

Rule #	Penalty	Minimum Suspension	
6.7	Fighting		
	Fighting Major Penalty First Offence in the season	1 Game	
	Fighting Major Penalty First Offence in the season last ten minutes	2 Games	
	Third player in a fight	2 Games	
	Any Player receiving a Fighting Major penalty, which is a result of a second or subsequent fight during the same stoppage of play.	2 Games	
	Player identified as first to leave the players' bench during a fight or for the purpose of fighting.	3 Games	
	Leaving the Penalty Box as above	4 Games	
	Coach of a team whose player is penalized under the above two points.	3 Games	
	Coach whose player is not identified as the first to leave the players' or penalty bench during an on-ice altercation.	1 Game	
	Instigator or Aggressor of a Fight <ul style="list-style-type: none"> • 1st Offense • 2nd Offense • 3rd Offense 	Game Misconduct (GM) GM plus 2 Games GM plus 3 Games	
	Pre/Post Game Altercations <ul style="list-style-type: none"> • Any player involved where Majors and Game Misconducts are assessed. • Coach of team whose players as so penalized • Any team involved in a pre or post game brawl 	2 Games Indefinite Suspension Indefinite Suspension	
Accumulation Sanctions			Last 10 Mins
Player	Fighting Major Penalty Second Offence in the season	2 Games	3 Games
	Fighting Major Penalty Third Offence in the season	4 Games	5 Games
	Fighting Major Penalty Fourth Offence in the season	Indefinite Suspension	Indefinite Suspension

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Coaches Accumulation

MAJOR PENALTY SITUATIONS	Rule #	Penalty	Minimum Suspension	
	ACCUMULATION SANCTIONS			
	Coach		Any team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction	1 Game
			For a 2 nd violation of a team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction.	3 games
		For a 3 rd violation of a team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction	Indefinite Suspension	

Other Situations

OTHER SITUATIONS	Rule #	Penalty	Minimum Suspension	
	9.2	Harassment of Officials/Unsportsmanlike Conduct/Misconduct Where a Game Misconduct is assessed	2 Games	
		Where a Gross Misconduct is assessed	2 Games	
	Accumulation Sanctions			
	Player		Any player who receives two game or gross misconducts under rule 9.2 in a season	4 Games
			Any player who receives three game or gross misconducts under rule 9.2 in a season	Indefinite Suspension
	Coach		Any coach who receives two game or gross misconducts under rule 9.2 in a season	4 Games
			Any coach who receives three game or gross misconducts under rule 9.2 in a season	Indefinite Suspension

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NOTE #1: Applicable in League games and tournament games.

NOTE #2: Suspensions for all infractions will begin to be served immediately after the assessment of the penalty in accordance with the suspension guidelines above.

NOTE #3: When the suspension carries a time frame (i.e. 7 days), the player will serve the full 7 days. For example, if an infraction occurs during a game on Saturday, the player cannot return until the following Sunday. In no case can the day on which the infraction occurred be counted as a day of suspension.

NOTE #4: Players who are under suspension can practice only with their League teams.

NOTE #5: In all cases where the infractions result in bodily injury, the suspensions will be of a longer duration.

NOTE #6: Players receiving Gross Misconducts or Match Penalties are not eligible to play until the suspension has been ruled on.

NOTE #7: Any Coach or Team Official who provides wine, beer or any other alcoholic beverage, or knowingly allows these beverages to be consumed by legally under aged members of their team, while they are responsible for these players shall receive a suspension of not less than two (2) years.

NOTE #8: Team/League/Association Presidents have the authority to give out a more severe suspension. All suspensions must be reported to the Provincial Office by the President.

NOTE #9: The above procedures would also allow for a player to first make an appeal to his/her League and further appeal to the HNL Appeals Committee, if necessary. All appeals to the HNL Appeals Committee must be made by the player in writing within 14 days of the suspension and this appeal must be accompanied with a \$200.00 appeal fee made payable to Hockey Newfoundland and Labrador. \$100.00 will be refundable if you are successful with your appeal.

NOTE #10: Any member of a coaching staff not wearing a CSA certified hockey helmet with chin strap during on ice functions except games will receive a one (1) game suspension.
