



2016 National Coaches Week Schedule- Coaching Newfoundland and Labrador

Course	Date	Location	Time	Target
Part B (Basic Mental Skills, Teaching and Learning, Design Basic Sport Program)	September 16-17	Gander (Community Center)	Friday- 6pm-10pm Saturday- 9am-5pm	Open to all, especially those new to coaching
Part A (Making Ethical Decisions, Nutrition, Plan a Practice)	September 16-17	Grenfell College (Corner Brook)	Friday- 6pm-10pm Saturday- 9am-5pm	Open to all, especially those new to coaching
Core Training for Learning Facilitators	September 17	Fairfield Hotel (St. John's)	9am-5pm	Must have endorsement from PSO to attend
Core Training for Master Coach Developers	September 18	Fairfield Hotel (St. John's)	9am-5pm	Must have endorsement from PSO to attend
Bodysense- Promoting positive body image and preventing eating disorders in Sport	September 19	Swilers Club (St. Johns)	6:30pm-8:30pm	Open to coaches, teachers, parents or anyone interested in the topic *Certified coaches who attend will receive 2 professional development points
Part A	September 23-24	Goose Bay	Friday- 6pm-10pm Saturday- 9am-5pm	Open to all, especially those new to coaching
Resistance Training	September 23	Gander (Location TBA)	6:30pm-9:30pm	Open to all, especially those with interest in strength training
Fundamental Movement Skills	September 24	Gander (Location TBA)	9am-4pm	Open to all, especially community coaches/leaders at recreational level
Leading Drug Free Sport	September 24	Grenfell College (Corner Brook)	9am-12:30pm	Experienced coaches with previous NCCP training
Managing Conflict	September 24	Grenfell College (Corner Brook)	1pm-5pm	Experienced coaches with previous NCCP training
Effective Communication- CAAWS Workshop	September 25	Grenfell College (Corner Brook)	9am-12pm	Women involved in sport, recreation and physical activity
Life Balance- CAAWS Workshop	September 25	Grenfell College (Corner Brook)	1pm-4pm	Women involved in sport, recreation and physical activity

*Also keep an eye on the Coaching NL Facebook page (www.facebook.com/coachingnewfoundlandlabrador) for online contests and news stories during Coaches Week!

Registration Info: Billy Taggart (btaggart@sportnl.ca, 576-4979)

